

大仁科技大學四技日間部休閒運動管理系休閒運動國際專班標準課程表

Tajen University 4-Year Undergraduate Program Department of Recreation and Sports Management International Program in Leisure Manageme Group Curriculum
114學年度入學學生適用 / 2025 School Year 中英對照版 / Chinese-English Bilingual Version
最後修改日期：2026-06-16 / Last Edit Date: 2026-06-16

科目類別 Course Type	條件群組 Recommended Year of Study	科目名稱 Course Title	開 課 學 分 Cs	開 課 時 數 Hr	開 課 項 目 Rs	第一學年 1st Academic Year				第二學年 2nd Academic Year				第三學年 3rd Academic Year				第四學年 4th Academic Year				備註 Memo
						第一學期 1-1		第二學期 1-2		第一學期 2-1		第二學期 2-2		第一學期 3-1		第二學期 3-2		第一學期 4-1		第二學期 4-2		
						授課 Le	實習 Lb	授課 Le	實習 Lb	授課 Le	實習 Lb	授課 Le	實習 Lb	授課 Le	實習 Lb	授課 Le	實習 Lb	授課 Le	實習 Lb	授課 Le	實習 Lb	
通識必修 General Courses	一上必修(2選1) 1-1 Required (Choose 1 of 2)	[D04000546]基礎華語(5學分) Elementary Mandarin Chinese(5 Credit)	5	10	1	10	0															
		[D04000548]進階華語(5學分) Intermediate Mandarin Chinese(5 Credit)				10	0															
	一上必修(2選1) 1-1 Required (Choose 1 of 2)	[D04000547]基礎華語輔導(0學分) Elementary Mandarin Chinese Support Class(0 Credit)	0	5	1	5	0															
		[D04000549]進階華語輔導(0學分) Intermediate Mandarin Chinese Support Class(0 Credit)				5	0															
	一上必修 1-1 Required	[D04000550]體育 I (2學分) Physical Education I(2 Credit)	2	2	1	2	0															
		[D04000548]進階華語(5學分) Intermediate Mandarin Chinese(5 Credit)				5	10	1			10	0										
	[D04000552]高階華語(5學分) Advanced Mandarin Chinese(5 Credit)			10	0																	
	一下必修(2選1) 1-2 Required (Choose 1 of 2)	[D04000553]高階華語輔導(0學分) Advanced Mandarin Chinese Support Class(0 Credit)	0	5	1			5	0													
		[D04000549]進階華語輔導(0學分) Intermediate Mandarin Chinese Support Class(0 Credit)						5	0													
		[D04000551]華語基礎級證照輔導(0學分) Test Preparation for Basic Level Mandarin Proficiency Certification(0 Credit)				0	2	1			2	0										
	一下必修 1-2 Required	[D04000554]體育 II(2學分) Physical Education II(2 Credit)	2	2	1			2	0													
	二上必修 2-1 Required	[D04000555]生活情境英文 I (2學分) English for Daily Conversation I(2 Credit)	2	2	1					2	0											
	二上必修 2-1 Required	[D04000556]台灣社會與文化(2學分) Taiwanese Society and Culture(2 Credit)	2	2	1					2	0											
	二下必修 2-2 Required	[D04000557]生活情境英文 II(2學分) English for Daily Conversation II(2 Credit)	2	2	1						2	0										
	二下必修 2-2 Required	[D04000558]資訊科技與應用(2學分) Information Technology and Applications(2 Credit)	2	2	1						2	0										
(畢業須修學分數：22) 小計 (Required for Graduation: 22 Credits) Subtotal			22	44	11	32	0	34	0	4	0	4	0	0	0	0	0	0	0	0	0	
專業必修 Departmental Required	一上必修 1-1 Required	[DL4110415]運動健康企業參訪研習(1學分) Field Study in Sports and Health Enterprises(1 Credit)	1	2	1	2	0															
	一上必修 1-1 Required	[DL4110416]運動與健康 I(2學分) Sports and Health I(2 Credit)	2	2	1	2	0															
	一上必修 1-1 Required	[DL4110417]校內實習 I (2學分) In-school internship I (2 Credit)	2	2	1	2	0															
	一上必修 1-1 Required	[DL4110458]健康體適能指導與實務I(2學分) Instruction and Practice in Health-related Physical Fitness(2 Credit)	2	2	1	2	0															
	一下必修 1-2 Required	[DL4110419]休閒產業經營管理實務(1學分) Operation Management and Practice of the Leisure Industry(1 Credit)	1	1	1			1	0													
	一下必修 1-2 Required	[DL4110420]校內實習 II(2學分) In-school internship II(2 Credit)	2	2	1			2	0													
	一下必修 1-2 Required	[DL4110421]運動與健康 II(2學分) Sports and Health II(2 Credit)	2	2	1			2	0													
	一下必修 1-2 Required	[DL4110422]休閒健康促進(2學分) Leisure and Health Promotion(2 Credit)	2	2	1			2	0													
	二上必修 2-1 Required	[DL4110423]行銷管理(2學分) Marketing Management(2 Credit)	2	2	1					2	0											
	二上必修 2-1 Required	[DL4110425]健康體適能指導與實務 II(2學分) Instruction and Practice in Health-related Physical Fitness II(2 Credit)	2	2	1					2	0											
	二上必修 2-1 Required	[DL4110479]運動訓練學(2學分) Sports Training(2 Credit)	2	2	1					2	0											
	二下必修 2-2 Required	[DL4110426]休閒健身指導(2學分) Fitness Instruction in Leisure(2 Credit)	2	2	1							2	0									
	二下必修 2-2 Required	[DL4110427]高低衝擊有氧(2學分) High and Low Impact Aerobics(2 Credit)	2	2	1							2	0									
	二下必修 2-2 Required	[DL4110480]運動營養學(2學分) Sports Nutrition(2 Credit)	2	2	1							2	0									
	三上必修 3-1 Required	[DL4110260]運動管理實務(2學分) Sports management practice(2 Credit)	2	2	1									2	0							
	三上必修 3-1 Required	[DL4110429]健康促進與保健概論(2學分) Introduction to Health Promotion and	2	2	1									2	0							
	三上必修 3-1 Required	[DL4110430]銀髮族健康管理與保健(2學分) Health Management and Wellness for Older Adults(2 Credit)	2	2	1									2	0							
	三上必修 3-1 Required	[DL4110431]功能性體適能檢測與評量(2學分) Assessment of FunctionalFitness(2 Credit)	2	2	1									2	0							
	三下必修 3-2 Required	[DL4110432]徒手保健與實務(2學分) Health and Practice in Manipulative Massage(2 Credit)	2	2	1											2	0					
	三下必修 3-2 Required	[DL4110434]健康促進與養生保健專題研究(2學分) Special Topics in HealthPromotion and Wellness(2 Credit)	2	2	1											2	0					
	三下必修 3-2 Required	[DL4110460]羽球指導與實務(2學分) Badminton and practical guidance(2 Credit)	2	2	1											2	0					
	四上必修 4-1 Required	[DL4110484]休閒職場實習 V (6學分) Internship in the Leisure Industry V(6 Credit)	6	20	1													0	20			
	四下必修 4-2 Required	[DL4110481]休閒職場實習 VI(6學分) Internship in the Leisure Industry VI(6 Credit)	6	20	1															0	20	
(畢業須修學分數：52) 小計 (Required for Graduation: 52 Credits) Subtotal			52	81	23	8	0	7	0	6	0	6	0	8	0	6	0	0	20	0	20	

Notes (English)

- 1.Total Credit Requirements: The minimum requirement for graduation is 128 credits, which includes: 22 credits of General Required Courses; 52 credits of Major Required Courses; and at least 54 credits of Major Elective Courses.
 - 2.Internship Requirements: The internship component totals 40 credits (comprising 24 elective credits for Leisure Workplace Internship I–IV, 12 required credits for Leisure Workplace Internship V–VI, and 4 required credits for On-Campus Internship I–II).
 - 3.Alternative Courses for Required Internships: If a full-term intern must terminate their internship due to personal or organizational factors, the required internship credits must be replaced by transitional courses in the same semester (each course is 2 credits / 2 hours, totaling 12 credits).
 - Alternative Courses for Leisure Workplace Internship V: Planning and Design Practice of Group Recreational Activities, Tennis Instruction and Practice, Baseball and Softball Instruction and Practice.
 - Alternative Courses for Leisure Workplace Internship VI: Paintball Instruction and Practice, Leisure Club Operation and Management Practice II, Orienteering Instruction and Practice.
 - 4.Credit Load per Semester: Students in Years 1 through 4 must take a minimum of 16 credits and a maximum of 25 credits per semester.
 - 5.Major Elective Distribution: Year 1, Semester 1: 2 credits; Year 1, Semester 2: 2 credits; Year 2, Semester 1: 6 credits; Year 2, Semester 2: 6 credits; Year 3, Semester 1: 8 credits; Year 3, Semester 2: 10 credits; Year 4, Semester 1: 10 credits; Year 4, Semester 2: 10 credits (Totaling 54 credits).
- Approved by the Department Curriculum Committee on April 16, 2025
- Approved by the College Curriculum Committee on April 30, 2025
- Approved by the University Curriculum Committee on May 20, 2025
- Approved as revised by the Department Curriculum Committee on April 8, 2026
- Approved as revised by the College Curriculum Committee on April 22, 2026
- Approved as revised by the University Curriculum Committee on May 27, 2026